



## A revision of thirteen species of *Triatominae* (Hemiptera: Reduviidae) vectors of Chagas disease in Mexico

### Revisión de 13 especies de la familia *Triatominae* (Hemiptera: Reduviidae) vectores de la enfermedad de Chagas, en México

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#### Resumen

Los transmisores de *Trypanosoma cruzi*, flagelado causante de la enfermedad, se dividen en intradomiciliados, peridomiciliados y silvestres. Entre los intradomiciliados se encuentran, *Triatoma barberi* y *Triatoma dimidiata*, que son los que representan un mayor riesgo para la Salud Pública, en México. Aunque *Triatoma dimidiata* se encuentra principalmente dentro de la vivienda, en Yucatán tiene un comportamiento peridomiciliar, dentro de este grupo se encuentran la mayoría de los transmisores de la enfermedad de Chagas *Meccus longipennis*, *M. mazzottii*, *M. pallidipennis*, *M. phyllosomus*, *M. picturatus*, *Triatoma gerstaeckeri*, *T. mexicana*, *T. rubida*, *Dipetalogaster máxima*, *Panstrongylus rufotuberculatus* y *Rhodnius prolixus*. Los transmisores peridomiciliados son de menor riesgo en la dinámica de transmisión comparados con los intradomiciliados. Para el control de los transmisores intradomiciliados, se deben emplear programas de educación para la salud, mejoramiento de vivienda e insecticidas; mientras que para los vectores visitantes o peridomiciliados, son necesarios programas de educación para la salud, uso de mosquiteros, pabellones y cementación de las bardas de piedra.

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#### Abstract

Vectors of *Trypanosoma cruzi*, parasite responsible for Chagas disease, are divided in intradomestic, peridomestic and sylvatic. The intradomestic are *Triatoma barberi* and *Triatoma dimidiata*, two species that represent the highest health risk among the Mexican population. *Triatoma dimidiata* is a species found mainly inside human habitats, but in Yucatan, it corresponds to the peridomicile vectors. Also in the peridomicile most of Chagas disease vectors are found: *Meccus bassolsae*, *M. longipennis*, *M. mazzottii*, *M pallidipennis*, *M. phyllosomus*, *M picturata*, *Triatoma gerstaeckeri*, *T mexicana*, *T rubida*, *Dipetalogaster máxima* (the last two are in the process of becoming adapted to the domicile), *Panstrongylus rufotuberculatus* which occasionally enters the domicile in its adult stage, and *Rhodnius prolixus*, which is practically controlled in the country. Peridomestic vectors are of lower risk in the transmission dynamics, as compared to the intradomestic ones. For the control of the intradomestic vectors, health education programs, improvements of housing, and the use of pesticides are essential To control the peridomestic vectors, health education programs are required, as well as the use of mosquito nets on doors and windows and around beds, aside from cementing the stone wall fences.

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## Introduction

There are several initiatives to control Chagas disease. In the Southern Cone Initiative (WHO 1992), the vector to control is *Triatoma infestans*; in the Andean and Central American Countries Initiatives (WHO 1997, 1998), the vectors to eradicate is *Rhodnius prolixus* and to control *T. dimidiata*. In the Mexico Initiative (Salazar et al 2001), no particular species is proposed, as there is a large variety of vectors distributed along the whole country, from the smallest one, *Belminus costaricensis* in Veracruz, to the largest, *Dipetalogaster maxima* in Baja California Sur (Salazar et al 1988). All these species have been related with Chagas disease (Cruz & Pickering 2006).

In Mexico, 32 vectors of *Trypanosoma cruzi* have been reported, 19 species belong to the *Triatoma* genus and six to the *Meccus* genus, two species to the genus *Panstrongylus*, and one species to each of the following genera: *Belminus*, *Dipetalogaster*, *Eratyrus*, *Paratriatoma*, and *Rhodnius*. Two genera and fifteen species are exclusive of Mexico, one is *Dipetalogaster* with one species and the other is the *Meccus* genus with six species. The *Triatoma* genus has eight species that are only found in Mexico (Galvão et al 2003).

Thirteen vector species are related to human dwellings; two are found in the intradomicile and eleven in the peridomicile area (Vidal et al 2000). Intradomestic are *Triatoma barberi* and *Triatoma dimidiata*, although the latter has a similar behavior to that observed in the visiting vectors in the Yucatan Peninsula. The visiting vector species colonize the peridomicile, that is, 50-m around the

house (Bautista et al 1999) and accomplish some developmental stages of their life cycle in the intradomicile.

*Dipetalogaster maxima* has a wild life cycle (Lent & Wygodzinsky 1979), but it has been observed in the last years to be in a transition and adaptation process to the human housing. Of the eleven visiting species, only nymphs in the last stages and adults have been observed intradomiciliated; however, they do not colonize the human dwelling and their presence is not associated to any type of construction, they only enter the dwelling in search of food and, once obtained, they leave the dwelling. *Meccus pallidipennis*, *M. longipennis*, *M. mazzottii* and *T. mexicana* are species that we have found practically in all stages mainly in the first stages of their biological development, below stones or stone fences, indicating that this is the site where their biological cycle is accomplished.

Since not all stages of the biological cycle have been collected intradomicile, the colonization index proposed by Silveira et al (1984) and its modification by Diotaiuti et al (2000) does not reflect actually this index, even when finding nymphs in the fourth and fifth stage, the vector is not actually colonizing the human dwelling.

Altitude and temperature are important factors, because these vectors have no thermoregulatory center, and hence, both the vectors and the parasite are at the environmental temperature, which is going to influence the transmission dynamics of *T. cruzi*. The ideal temperature for the parasite is from 28 to 30°C a temperature that is not recorded at high altitudes.

*Triatoma dimidiata* is the most dispersed vector in Mexico, its presence has been reported in the south,

center, east (Gulf of Mexico), and north of the country, for this reason in the Initiative of the Andean and Central American Countries (WHO 1997, 1998) only control of this species is proposed but not its eradication.

Seroprevalence values differ between the regions where intradomestic vectors are found and those where visiting vectors are reported. Concerning individuals that developed the disease, patients with myocardiopathies have been found in regions where visiting vectors are reported, and in those where *T. barberi* considered as intradomestic, is distributed; aside from this pathology, mega digestive organs have been reported (Salazar et al 1984a, Tay et al 1986).

The state of Oaxaca is worthwhile mentioning, especially for its historical antecedents regarding the disease and the variety of vectors found in this state, ten different triatomine species have been reported (Galvão et al 2003, Lent & Wygodzinsky 1979, Carcavallo et al 1989, Ramsey et al 2000). Here, the first reports on the infected vector, reservoirs, and acute Chagas disease cases in humans were made (Mazzotti 1936, Mazzotti 1940) as well as the first chronic cases of myocardiopathy, megaesophagus, and megacolon (Salazar et al 1984a, Tay et al 1986, Salazar et al 1979). Goldsmith et al (1971) in a seroepidemiologic study of the coastal region in Oaxaca found 29.0% seropositivity; in one of the localities, the seroprevalence was of 76.0% in individuals older than 20 years and of 2.0% in children under the age of 10 years. Follow up another study was performed, in which the authors report 35.0% seropositivity in 124 individuals younger than 16 years, contrasting with the previous 2.0%. The periods in which the authors find seronegative children between the first and second study coincide with DDT sprayings during the malaria eradication campaign (Goldsmith et al 1986) found 0.9% of seroprevalence; other surveys performed in the state of Oaxaca report seroprevalence between 7.8% and 25.3% (Tay et al 1986, Cortés et al

1985).

## Materials and methods

This review was organized from available literature that includes research papers, conference abstracts, proceedings, theses, and original research conducted by the authors. The purpose of this review is to show some aspects about thirteen vectors, two are intradomestic and eleven are in the peridomestic area. The intradomestic are *Triatoma barberi* and *Triatoma dimidiata*, two species that represent the highest health risk among the Mexican population. The peridomestic are: *Meccus longipennis*, *M. mazzottii*, *M pallidipennis*, *M. phyllosomus*, *M picturatus*, *Triatoma gerstaeckeri*, *T. mexicana*, *T rubida*, *Dipetalogaster maxima*, *Panstrongylus rufotuberculatus* and *Rhodnius prolixus*.

## Results

### *Triatoma barberi* (Usinger, 1939)

This vector has only been report in Mexico (Figure 1), in the states of Colima, Guanajuato, Guerrero, Hidalgo, Jalisco, Michoacán, Morelos; Oaxaca, Puebla, Querétaro, Tlaxcala, and Veracruz (Salazar et al 1988, Salazar et al 2005b, Martínez et al 2008). It is the smallest of those dealt with herein; it is difficult to collect inside the domicile because it is very fast and hides in holes or fissures of the wall. It is finding at the highest altitude, from sea level to 2,000 masl (Carcavallo et al 1999) and 640 to 2,200 masl in Oaxaca (Ramsey et al 2000). The female measures 18.5 to 20 mm and the male 16 to 18 mm (Lent & Wygodzinsky 1979).

*Trypanosoma cruzi* isolates obtained from this intradomiciliary vector are of high pathogenicity, as implied by the pathology shown by humans. It

is more effective than *T. dimidiata* based on entomologic parameters, such as capacity of domiciliation, anthropophilic behavior, time interval between feeding, defecation, and the percentage of infecting forms in feces (Salazar et al 2005b). The natural infection index is variable and depends on the site and number of specimens; it has been reported above 70%.



Figure 1. Geographic distribution of *Triatoma barberi* in the states of Colima, Guanajuato, Guerrero, Hidalgo, Jalisco, Michoacán, Morelos, Oaxaca, Puebla, Querétaro, Tlaxcala and Veracruz, Mexico.

In the state of Guerrero, a representative sampling was performed in 20 localities, which included 978 houses and 4,372 individuals: of these 132 (3%) were positive and titers as high as 1:5500 were found in 75 persons (1,7%). In this study, a very important finding is reported regarding seropositive children under the age of 10 years in the regions of the Costa Chica and Tierra Caliente of this state, indicating that there is an active vectorial transmission. Although it is noticeable that 33.0% of seropositivity correspond to the 45-64 age range and 56.0% to those over 65 years of age. On the other hand, only 55.0% of the studied population recognized the vector and 7.0% related it with the disease, people also commented on the vectors but could not identify the involved species (Andersson et al 1990). Other studies have found 8.5% (Biagi et al 1964), 23.4% (Velasco &

Guzmán 1986) and 0.1% (Velasco et al 1992) of seroprevalence.

In the state of Michoacán, in three localities of the Tuxpan County, *T. barberi* was found with 37.0%, 40.0% and 47.0% of natural infection (Tay & Biagi 1964). Another study reports in one locality a 7.2% (12/165 individuals) seropositivity, of these 17.4% with electrocardiographic findings compatible with chagasic cardiomyopathy, aside from a 10.8% seropositivity in the open population (Tay et al 1967).

In Querétaro state, this vector has been found well adapted to the domicile and, of 202 specimens, 56.6% had natural infection; a 42.6% of seropositivity was reported with 16.0% coursing with electrocardiographic alterations compatible with the disease and 2.0% with megaesophagus (De Haro 1997). Two studies report serological findings with 0.2% for the state (Velasco et al 1992) and 26.7% for one locality (Velasco & Bracho 1986).

We have found *T. barberi* in the wall at the level of the bed in deep wall fissures (which protect them from the environment and provide a dark habitat). About their behavior they are attracted by artificial light and have nocturnal activity. Our observations indicate that their time of defecation is fast and occurs during feeding, a fact that we corroborated in some bedrooms in Queretaro and Oaxaca, where no fecal traces were found on the wall but rather on mattresses.

In an epidemiological study performed in four localities of the Zacoalco de Torres County, Jalisco, the only vector found was *T. barberi*, collecting 281 specimens; of these 176 (62%) were positive to *T. cruzi*. In addition, 530 persons

were studied, seven (1.3%) were seropositive by Indirect Hemagglutination assay, eight (15.0%) parasitologically positive and, of these, three with symptomatology and/or electrocardiographic alterations attributed to chagasic cardiomyopathy (Tay et al 1979). Seroprevalence of 19.5%, 16.3%, and 13.5% were reported in three localities (Velasco & Bracho 1986), and of 0.1% for the state (Velasco et al 1992). However, in a study undertaken in localities of Jalisco and Nayarit, *T. barberi* was found in peridomestic areas; in the author opinion, this species is a minor vector of Chagas disease in these studied localities Martínez et al 2008).

For the state of Morelos, observations made about *T. barberi* include its nocturnal habits or its feeding in dark rooms during the day, its flight and attraction to light, its anthropophilic behavior; this species has been collected in all developmental stages in human dwellings and has been found in temperate and semitropical climates (Tay et al 1966). Twenty-five adult *T. barberi* with 68.0% (17/25) of natural infection have been collected (Cortés et al 1996).

In Oaxaca, from 362 captured *T. barberi* specimens, 261 (72.0%) were infected with *T. cruzi* their main feeding source were rodents and humans, it is reported as a domiciliated species and is considered responsible for the transmission of Chagas disease in the valley of Oaxaca (Zárate et al 1980). Our research group captured this vector in four localities of this state, and 9.17% seropositivity was reported. In one of these localities, near the city of Oaxaca, the seropositivity of the child population under the age of 12 years was of 21.0% (Salazar et al 1984b). In another of these localities, 50 individuals aged from 16 to 21 years were studied, 10 (20.0%)

presented positive serology and electrocardiographic alterations compatible with Chagas disease (Salazar et al 1989). Vidal et al 2000 found that of 21 *T. barberi* specimens only one (4.8%) was positive to *T. cruzi* infection.

In Tlaxcala, only *T. barberi* has been reported (Zárate & Zárate 1985) and Velasco et al. 1992 registered a 0.2% seroprevalence.

In the state of Hidalgo, 1,826 houses were sampled in 13 Sanitary Jurisdictions, the only species found were *T. barberi* and *T. dimidiata*, in seven (54.0%) of the 13 Sanitary Jurisdictions; 321 specimens were captured in 85 (4.6%) houses. Eggs, nymphs, exuviae, and 192 adult specimens were collected; of these 89 (46.3%) were males and 103 (54.0%) females, 58 (30.0%) specimens corresponded to *T. barberi* and 134 (70.0 %) to *T. dimidiata*, with 15.0% and 8.0% positive *T. cruzi* infection, respectively. A 3.0% infection risk index was obtained for the state. Since these two are intradomiciliary species, they involve the same risk factors, such as overcrowding, deficient wall, roof, floor construction, lack of water, and the presence of animals inside the houses. Construction material for the wall (adobe, reed, wood, and stone) roof (straw, palm, shingles, roof tiles, wood, and lamina), and soil floors represent higher risks of infestation with *T. dimidiata* whereas for *T. barberi*, stone walls are the culprits (Escorza et al 2001). These observations coincide with observations made for *T. dimidiata* in Veracruz and for *T. barberi* in Querétaro (Salazar et al 2005a, Salazar et al 2005b, De Haro 1997).

#### ***Triatoma dimidiata* (Usinger, 1944)**

This vector is widely distributed along the American continent, and has been recorded from the north of Peru to the north of Mexico.

It has been capture in 16 states of Mexico: Campeche, Colima, Chiapas, Estado de Mexico, Guanajuato, Guerrero, Hidalgo, Jalisco, Nayarit, Oaxaca, Puebla, Quintana Roo, San Luis Potosí, Tabasco, Veracruz, and Yucatán (Salazar et al 1988, Cruz & Pickering 2006, Lent & Wygodzinsky 1979, Zárate & Zárate 1985) (Figure 2). It has been reported at altitudes from sea level to 2.360 masl (Vidal et al 2000, Ramsey 2000). The female measures 24,5-35,0 mm and the male 24-32.0 mm (Lent & Wygodzinsky 1979).

*Triatoma dimidiata* is to dwell on the floor, particularly beneath the beds and in the angle formed by the floor and the wall (Salazar et al 2005b). It is also attracted by artificial light; it defecates at around 10 to 20 min after eating.



Figure 2. Map of Mexico showing the distribution of *Triatoma dimidiata* in the states of Campeche, Colima, Chiapas, Estado de Mexico, Guanajuato, Guerrero, Hidalgo, Jalisco, Nayarit, Oaxaca, Puebla, Quintana Roo, San Luis Potosi, Tabasco, Veracruz and Yucatan.

In Chiapas, *T. dimidiata* is among the five reported species (Zárate & Zárate 1985). This species was found domiciliated (López-Ordoñez et al 2006). A seroprevalence between 14.0% and 28% has been reported (Goldsmith et al 1983) and Velasco et al (1992), reported 3.0% of seroprevalence, the highest in the country.

In Guanajuato, one *T. dimidiata* specimen, negative to *T. cruzi* infection, has been reported (Vidal et al 2000). The finding of only one

specimen suggests the possibility that it might have been transported from another part of the country. Velasco et al (1992) reported 0.1% seroprevalence for the state.

In Guerrero, eight different species have been reported, among them *T. dimidiata* (Vidal et al 2000, Zárate & Zárate 1985). Biagi et al (1964) reported 8.5% of seropositivity, but Velasco & Guzman 1986, reported 23.4 and 18.8% in two localities.

A representative sampling of 20 communities with 978 houses and 4,372 individuals yielded 132 (3%) seropositive individuals, 75 (1,7%) were found with titers as high as 1:5500; and the author emphasizes a very important finding seropositivity in children under the age of 10 years in the Costa Chica region (Acapulco and Tierra Caliente region), indicating the presence of active transmission. It is worthwhile mentioning that 1,443 (33%) individuals were aged 45-64 years and 2,448 (56%) were older than 65 years; on the other side, only 2,405 (55%) persons recognized the vector and only 306 (7.0%) related it to the disease [25]. A 0.1% seroprevalence is reported for the state (Velasco et al 1992).

In Jalisco, *T. dimidiata* is one of the eight reported vectors. In a study, only one specimen was found intradomiciliated, just like *T. brailovskyi*, leading the authors to conclude that both are intradomiciliary species (Magallón et al 1998).

In the state of Mexico, *T. dimidiata* was found in an area neighboring the state of Morelos. In this state, a study in 380 dwellings of 100 localities in five counties was carried out; 24.0% of the localities were positive to triatomines, 53,8% were captured in the intradomestic area and 42,3% in the peridomicile, and 3,8% in both sites. *T.*

*dimidiata* was captured in only one locality all negative to *T. cruzi* infection. *T. dimidiata* has been reported at altitudes between 600 and 1,600 masl in the State of Mexico (Martínez et al 2002). Seroprevalence was negative in this state (Velasco et al 1992).

In the state of Puebla, Sandoval et al (2002) collected 338 specimens of *T. dimidiata*, 62 (18.3%) of them were females and 48 (14.2%) males; natural *T. cruzi* infection was positive in 30 specimens (8.8%). Localities with seroprevalence of 52.1%, 4.0%, 20.7% and 28.0% have been reported (Velasco & Guzmán 1986) -27 and, in the National Seroepidemiological Survey, the prevalence for the state was negative Velasco et al (1992).

In Oaxaca, 195 specimens of *T. dimidiata* have been reported, eight (4.1%) were positive to *T. cruzi* infection (Vidal et al 2000).

In the state of San Luis Potosí, Vidal et al (2000) found 58 specimens of *T. dimidiata* three (5.2%) of them were positive to *T. cruzi*. A serological study of the indigenous population of the Huasteca Potosina revealed 10.8% seropositivity (Garrocho et al 1991) and a 0.2% seroprevalence has been reported for the state (Velasco et al 1992).

In the state of Tabasco, this vector has been reported by several authors (Salazar et al 1988, Lent & Wygodzinsky 1979, Zárate & Zárate 1985). Regarding seroprevalence, one survey reports 13.0% (Sanchez 1988) and another 0.1% for the state (Velasco et al 1992).

In the state of Veracruz, was reported *Conorrhinus dimidiatus* (Champion 1899) “as the probable vectors of the Chagas tripanosomiasis” (Hoffmann

1928). Vidal et al (2000) found 1,934 triatomines, 269 (14%) were positive to *T. cruzi* infection.

In a study performed by our research group, (in eleven Sanitary Jurisdictions) 2,526 specimens of *T. dimidiata* were found, 2,248 (89%) specimens collected intradomiciliary and 278 (11%) in the peridomicile. This species is perfectly adapted to the intradomicile environment; we found eggs and nymphs, as well as, adults inside the domicile. The infestation, colonization, and infection indexes were 13.5%, 60.8% and 10.6%, respectively, the ecotopes were bedrooms (84.0%), storage rooms (3.0%), and other sites (13.0%); within the bedrooms, the ecotopes corresponded to wall-bed (56.0%) bed (39.0%) floor (4.0%), clothes closet and window (1.0%).

In the Sanitary Jurisdiction 2, the largest numbers of *T. dimidiata* specimens were captured with a 10.0% infection index and the highest seropositivity (2.8%) of the state, indicating that the abundance of the vectors represents a higher risk. In the Sanitary Jurisdiction 7 of Orizaba (with an average altitude of 1,230 masl and an average temperature of 18°C in the center of the state), the vector was not found and the human serology was negative.

Regarding this study, we study 9,782 individuals in nine of the 11 sanitary jurisdictions, the seroprevalence ranged from zero to 2.8%. In five, we found individuals below the age of 18 years old, already infected, which indicates an active transmission (Salazar et al 2005b). In another study carried out also in the state of Veracruz, only in population under 18 years of age, we found a seroprevalence between 0.4% and 5.2% in 1,544 samples studied (Salazar 2007a). Others studies report 22.1% and 0.4% for the state (Velasco & Guzmán 1986, Velasco et al 1992).

This vector, which was the only one found domiciliated in the State of Veracruz, was found also in the intradomestic area in the states of Hidalgo, San Luis Potosí, Puebla, and Estado de México. It is essentially sylvatic in the Yucatan Peninsula (Campeche, Yucatán, and Quintana Roo). A study performed in 115 houses of 23 localities distributed in the Peninsula found a higher abundance of *T dimidiata* during the hot season. Their findings implied that this vector does not colonize human dwellings in the Peninsula of Yucatan. These authors also reported a 34.0% natural infection for this vector in the peninsula (Dumonteil et al 2002).

Regarding seroprevalence, Quintal et al (1975) has reported 11.2% in Yucatán, Barrera et al 1992 found 6.12% of positive individuals in 96 blood donors, and Farfán-Ale et al (1992) found 18.0%; Rodriguez et al (1995) in 215 donors found 5.6% prevalence and Zavala et al (1995) reports 17.0% of cardiopathies in 36 patients (6/36). Velasco et al (1992) reported that seroprevalence was negative in Campeche and Yucatan, whereas it was 0.3% in Quintana Roo.

### ***Meccus longipennis* (Usinger, 1939)**

This species is exclusive of Mexico, and is found mainly distributed in the western states of Mexico: Aguascalientes, Colima, Chihuahua, Guanajuato, Jalisco, Michoacán, Nayarit, Sinaloa, and Zacatecas (Figure 3) (Zárate & Zárate 1985) at an altitude from 200 to 1.500 masl (Carcavallo et al 1999). The female measures 30 to 37 mm and the male from 29 to 34 mm (Lent & Wygodzinsky 1979).



Figure 3. Distribution of *Meccus longipennis* in the states of Aguascalientes, Colima, Jalisco, Michoacán, Nayarit, Sinaloa, Zacatecas, Chihuahua and Guanajuato. Mexico.

*Trypanosoma cruzi* infection percentages by this vector vary among the different states; in Nayarit 24 insects were reported, seven (29.2%) were infected (Vidal et al 2000). In other studies, *M. longipennis* was captured in the peridomicile (Martínez et al 2008, Magallón et al 2001, Magallón et al 2004). A natural infection of 29.3% (98/334) has been reported (Martínez et al 2001) and of 21.7% (118/548) (Martínez 2008). Serology was of 22.0%, in the counties of the center and north of the state (Flores et al 1990).

In Colima, the most recent study revealed 33.3% (n= 42) of natural infection percentage for this vector (Espinoza et al 2002). Seropositivity is of 2.4% (n= 405) in inhabitants of 17 communities distributed across the state (Coll et al 2004).

In Jalisco, it is reported peridomiciliated (Magallón et al 2001, Magallón et al 2004). The percentages of *M. longipennis* infected with *T. cruzi* vary from 25.0% up to 85%, however, in most reports the percentage is close to 35.0%, with more than 200 revised triatomines (Martínez et al 2008, Magallón et al 2001, Martínez et al 2004, Brenière et al 2004, Brenière et al 2007).

Serological studies reveal a seroprevalence of



0.1% (Velasco et al 1992), of 17.3% (n= 7,178) in children under 14 years of age and of 16.7% (n= 42) in the studied inhabitants of the Zacoalco de Torres County (Lozano et al 1992). The *Trypanosoma cruzi* infection prevalence in the 124 counties of the state revealed a rate of 17.7% of infected people Trujillo et al (1993). In a research conducted in “Los Guerrero” village, Jalisco, (Brenière et al 2007) reports 46.0% of natural infection for this species collected in the peridomicile.

In Aguascalientes, a surveillance study, covering the completely state, reported that 100% (n= 46) of the *M. longipennis* specimens was positive to *T. cruzi* infection Rubio (1993). In Guanajuato, three negative specimens have been reported (Vidal et al 2000).

In the state of Zacatecas, *M. longipennis* was reported as *T. phyllosoma intermedia* (Tay et al 1968), and although nymphs are reported, no data are given on their stages, with these data it is not possible to know whether domiciliation or not exists in the state. A seroprevalence of 11.9% (n=425) was reported in the inhabitants of the Juchipila canyons (Cortés et al 1990).

#### ***Meccus mazzottii* (Usinger, 1941)**

This species is endemic and exclusive of Mexico. It has been reported in the states of Durango, Guerrero, Jalisco, Michoacán, Nayarit, and Oaxaca (Lent & Wygodzinsky 1979, Carcavallo et al 1989) (Figure 4). In an altitude between nine and 750 masl (Vidal et al 2000, Carcavallo et al 1989, Ramsey et al 2000), the size of females is of 34.0 mm and that of males is 33.0 mm (Lent & Wygodzinsky 1979).

Recent search have been carried out, in the states

of Jalisco and Nayarit (located in the west of Mexico) (Martínez et al 2008, Martínez et al 2001) without any findings of *M. mazzottii* in both states.



Figure 4. Map of Mexico showing the distribution of *Meccus mazzottii* in the states of Durango, Guerrero, Jalisco, Michoacán, Nayarit and Oaxaca.

In Jalisco, a study performed in 51 of the 124 counties reported 53.0% (27/51) positivity to *T. cruzi*; in general, 1,029 triatomines were collected and only four were *M. mazzottii* two of them were positive to *T. cruzi* infection (Magallón et al 1998). The Ministry of Health of the state of Jalisco reported a *T. cruzi* infection index of 27.5% (n= 40) in the 124 counties of the state (Secretaria de Salud de Jalisco 2005).

In the state of Oaxaca, Vidal et al (2000) found fifteen vectors, one was positive to *T. cruzi* infection. A recent study revealed a *T. cruzi* infection index of 33.9% in 28 communities. Likewise, a seroprevalence of 13.0% was recorded for the same area. Another study documents the migration of *M. mazzottii* from the coastal regions to higher zones of the state as inferred from the decreasing percentages of natural *T. cruzi* infection with increasing altitude. This species has been the predominant vector in Oaxaca according to its distribution, abundance, and infection indices; therefore, its relevance in this state is emphasized. In contrast to *M. longipennis* and *M. picturatus*, collected mainly in the peridomicile,

*M. mazzottii* is frequently found inside human dwellings in the state (Ramsey et al 2000).

This behavior of invading houses has been facilitated by the feasibility this species seems to have of feeding from either birds or mammals, developing profitably. A recent study revealed, that there is no difference in the time of development when this species is fed with hen blood ( $191.7 \pm 22.8$  days) or rabbit blood ( $201.9 \pm 9.7$  days) (Martínez et al 2006).

### ***Meccus pallidipennis* (Stål 1872)**

This vector was reported, in Oaxaca, as the first vector infected with *T. cruzi* in Mexico (Mazzotti 1936).

This vector has been reported in the states of Colima, Estado de México, Guanajuato, Guerrero, Jalisco, Michoacán, Morelos, Nayarit, Oaxaca, Puebla, Querétaro, Veracruz, and Zacatecas (Vidal et al 2000, Carcavallo et al 1999, Zárte & Zárte 1985, López et al 2005) (Figure 5). It is found at altitudes from 200 to 1.580 masl. The female measures 32 to 35 mm and the male from 31 to 34 mm (Lent & Wygodzinsky 1979).

In Colima Vidal et al (2000), reports one negative insect. In a study carried out at 218 homes from 16 localities, 456 triatomines were captured of which 139 belonged to *M. pallidipennis*, 95 insects were collected in the intradomicile, 36 in the peridomicile, and 8 in the sylvatic area. The dejections of 62 insects were examined to look for flagellates and 26 were positive to *T. cruzi* (42.0%) (Espinoza et al 2002). Previous registrations of Triatominae in the state of Colima had been limited to the sylvatic area, with this study the association is demonstrated with the human housing, coinciding with another study that

report these insects in the intradomicile (Bautista et al 1999). Here, also, are reported 236 nymphs, 156 were found in the intradomicile, 76 in the peridomicile, and 14 in the sylvatic area, the author do not refer to stages, which raises the doubt whether the domicile is or not colonized or whether the vectors had started to become intradomicile.

A seroprevalence study performed in 17 communities of this state detected 405 (2.4%) seropositive inhabitants (Coll et al 2004), higher than the percentage reported in a previous study (Velasco et al 1992).



Figure 5. Map of Mexico showing the presence of *Meccus pallidipennis* in the states of Colima, Estado de México, Guanajuato, Guerrero, Jalisco, Michoacán, Morelos, Nayarit, Oaxaca, Puebla, Querétaro, Veracruz and Zacatecas.

In the state of Mexico, *M. pallidipennis* is in an area neighboring with the state of Morelos (Zárte & Zárte 1985). In a study of 380 human dwellings in 100 localities in five counties, specimens were captured in 24.0% of the localities of which 51.4% corresponded to *M. pallidipennis* and 5.6% to *T. dimidiata*, both species were found at 600 to 1.600 masl. The two vectors were found intradomiciliated in a 53.8% and 42.3% in the peridomicile, and 3.8% in both locations; however, it is not specified whether the intradomicile specimens were adults or nymphs,

33.4% of *M. pallidipennis* were positive to *T. cruzi* infection (Martínez-Pérez et al 2002). Negative seroprevalence is reported (Velasco et al. 1992), for this state.

In Guanajuato, *M. pallidipennis* is reported among four other species, it was captured between 1.700 to 1.850 masl (López et al 2002, López et al 2005).

In the state of Jalisco, one study report that of 228 specimens, 164 were collected in the peridomicile and 64 intradomicile. The natural infection index is 14.0%. A recent study found that of 172 specimens, 54 were adults and from these 50 belonged to this vector, 48 of them were analyzed finding 33 (68.7%) positive to the parasite. These authors state that the vector is mainly peridomiciliated; it is noteworthy that its life cycle is accomplished on the stonewall fences (Magallón et al 1998, Magallón et al 2004). These observations were also reported in the state of Morelos Bautista et al (1999). Velasco et al (1992) reported 0.1% seroprevalence for this state.

In the state of Michoacán, 48 studied individuals, revealed 8.3% (4/48) with electrocardiographic alterations (Tay et al 1967). Of 22 specimens captured of this vector, 36.4% (8/22) were positive to *T. cruzi* infection (Vidal et al 2000).

In the state of Morelos, adults have been captured either intradomicile or peridomicile at broad daylight. According to Tay & Biagi (1966), this vector was found at 1.000 to 1.800 masl and practically all developmental stages were captured in the intradomicile, with nocturnal feeding habits. In contrast, the results of Cortés et al (1996), who aiming at knowing the frequency of *T. cruzi* infected triatomines in the Cuernavaca County

reports that of the 1,060 triatomines captured, 1,035 belonged to the *M. pallidipennis* species, and were captured around the houses, confirming their peridomestic habitat.

Of the specimens found farther away from downtown, 75.0% to 95% were infected, whereas from those captured downtown only 33.0% were infected with *T. cruzi*. In contrast to the high infection is the finding of few metacyclic forms in the feces and a prolonged defecation pattern, arguing that these two factors make it a poor vector for *T. cruzi*.

In a research performed in the Sanitary Jurisdiction “2” in 24 studied localities, only in seven the vector was found, the distribution in the domestic area was of 41 specimens (32 adults and 9 nymphs) with 29.0% of natural infection. In the peridomestic area, 48 specimens (31 adults and 17 nymphs) with 4.0% of natural infection, and, in the sylvatic area 186, (113 adults and 73 nymphs) were found with 20.0% of natural infection. According to the number of specimens captured, it is suggest that this species is sylvatic. Inside the domicile, only 4<sup>th</sup> stage and up specimens were found, and the metacylogenia index was of 28.0% which is considered low (Bautista et al 1999, Cortés et al 1996). Vidal et al (2000) report four *M. pallidipennis* specimens, two positive to *T. cruzi* infection.

Seropositivity was of 11.5% in the Sanitary Jurisdiction 2 of the state (García de la Torre 1996). Seroprevalence studies reveal different percentages, such as 28.6% Sánchez (1988) and 0.1% (Velasco et al 1992).

### ***Meccus phyllosomus* (Burmeister, 1835)**

This vector has been reported only in Mexico in

the state of Oaxaca (Galvão et al 2003, Lent & Wygodzinsky 1979, Carcavallo et al 1999, Zárata & Zárata 1985) (Figure 6). It has been found at an altitude of 10 to 1.200 masl Ramsey et al (2000). The female measures between 29 to 39.5 mm and the male between 26.5 to 38.0 mm (Lent & Wygodzinsky 1979).

Even though it has been reported that six specimens of this species have been collected in the peridomicile (Magallón et al 1998), a recent search in the same study area, did not yield any captured specimens (Martínez-Ibarra et al 2008). Vidal et al (2000) in Oaxaca reported 33 specimens, three (9.1%) were positive to *T. cruzi*. Velasco et al (1991) reported 0.9% of seroprevalence.



Figure 6. Geographic distribution of *Meccus phyllosomus* in the state of Oaxaca, Mexico

### ***Meccus picturatus* (Usinger, 1939)**

This species, also exclusive in Mexico, has been reported in the states of Colima, Jalisco, Nayarit, and Oaxaca (Cruz & Pickering 2006, Galvão et al 2003, Lent & Wygodzinsky 1979) (Figure 7). It has been found at altitudes from 250 to 1.200 masl (Carcavallo et al 1999), and the size of the female is 32 to 33 mm and that of the male is 30.5 to 32.0 mm (Lent & Wygodzinsky 1979).

In two studies performed in 2000 and 2002, this species was not detected in any of the counties of the states of Nayarit and Oaxaca (Ramsey et al 2000, Martínez-Ibarra 2006). However, Magallon et al (2001) in Carrillo Puerto, Compostela County, in the state of Nayarit, reports the capture of *M. picturatus*, two specimens were in the domestic area, both negative to *T. cruzi* infection, 23 insects in the peridomicile with 10 positive insects to *T. cruzi*, and 28 in the sylvatic area, with 10 positive insects to *T. cruzi*.



Figure 7. *Meccus picturatus* distribution in the states of Colima, Jalisco, Nayarit and Oaxaca, Mexico.

Vidal et al (2000) find that five (83.3%) out of six specimens captured in Tepic were reported as positive. In relation to serology, Flores et al (1990) reported 22.0% in the revised population in counties of the center and north of the state.

In the state of Jalisco, this species is usually associated to *M. longipennis*. The reports about positivity to *T. cruzi* in *M. picturatus* range from zero in the Crucero de Santa María (Martínez-Ibarra et al 2001) to 7.4% (n= 27) in the sampling of 51 counties (Magallón et al 1998), and to up to 35.4% (n= 82) in Talpa de Allende (Martínez-Ibarra et al 2008). In the municipality of San Martín de Hidalgo, Magallón et al (2004) report the capture of 172 triatomines, of which 54 were

adults, 50 insects were *M. longipennis* and four specimens corresponded to *M. picturatus* of this last species two were positive to *T. cruzi* infection. Serological studies show that the prevalence of *Trypanosoma cruzi* infection in the 124 counties of the state of Jalisco is of 17.7 per 100 inhabitants (Trujillo et al 1993). The seroprevalence was 17.3% (n= 7,178), in children under 14 years old (Molina et al 2007), 16.7% (n= 42) in the inhabitants of the county of Zacoalco de Torres (Lozano et al 1992), and of 2.98% (n= 168) in the rural area of Teocuitlán de Corona (Martínez-Ibarra et al 2008).

Several authors have found *Meccus picturatus* and *M. longipennis* predominantly in the stone walls (Magallón et al 1998, Magallón et al 2004, Martínez-Ibarra et al 2001, Espinoza et al 2002, Brenière et al 2004, Martínez-Ibarra et al 2006). Although 10% to 20% of the total collected specimens come from inside the houses, in the states of Jalisco and Nayarit, both species are found in the hen pens and in other domestic animal shelters (Martínez-Ibarra et al 2008, Magallón et al 2004).

None of the two species seems to be influenced in its development by the type of blood source (bird or mammal). The life cycle did not vary significantly when *M. longipennis* was fed with hen blood ( $229.7 \pm 418$ ) or rat blood ( $259.8 \pm 287$ ) and *M. picturatus* was fed with hen blood ( $196.8 \pm 15.8$ ) or rabbit blood ( $189.5 \pm 22.9$ ) (Martínez-Ibarra et al 2003, Martínez-Ibarra et al 2004).

### ***Triatoma gerstaeckeri* (Stål, 1859)**

This vector has been reported in Chihuahua, Coahuila, Hidalgo, Nuevo León, San Luis Potosí, Sinaloa, Tamaulipas, Veracruz, and Zacatecas (Salazar et al 1988, Vidal et a. 2000, Lent &

Wygodzinsky 1979, Zárate & Zárate 1985, Martínez-Ibarra et al 1992, Galaviz et al 1992), (Figure 8). The female measures 24 to 28.5 mm and the male 23 to 26 mm (Lent & Wygodzinsky 1979). In Chihuahua, *T. gerstaeckeri* has been collected between 940 to 1.380 masl, 27 adult specimens were captured in the peridomicile in a research conducted in three counties, three insects were positive to *T. cruzi* infection (11.1%) (Díaz et al 2007).



Figure 8. Map of Mexico showing the distribution of *Triatoma gerstaeckeri* in the states of Chihuahua, Coahuila, Hidalgo, Nuevo Leon, San Luis Potosí, Sinaloa, Tamaulipas, Veracruz and Zacatecas.

In the states of Nuevo León and Tamaulipas, *T. gerstaeckeri* is mostly found inside the domicile in its adult stage but, like other species of the *Meccus* genus, is found in the peridomicile. Seroprevalence was of 0.2 % for Nuevo León and of 0.1% for Tamaulipas. For Chihuahua and Coahuila, the seroprevalence was of 0.1% (Velasco et al 1992). Vidal et al (2000) report one *T. gerstaeckeri* specimen negative to *T. cruzi* infection in the state of Veracruz. In the state of Hidalgo five insects have been found between 860 to 960 masl all negative to *T. cruzi* infection. In the locality El Abra in the state of Tamaulipas we collected three adults that were negative; the villagers commented having seen them in the palm trees (unpublished data).

***Triatoma mexicana* (Herrich-Schaeffer, 1848)**

This vector has been reported by several authors (Vidal et al 2000, Salazar et al 2007b, Zárate & Zárate 1985, López et al 2005) in an area circumscribed to the center and east of the country (Figure 9). It has been found at an altitude from 1.200 to 1.880 masl (Salazar et al 2007b). Lent & Wygodzinsky (1979) reported a male that measured 25 to 26 mm.



Figure 9. Distribution of *Triatoma mexicana* in the states of Guanajuato, Hidalgo, Queretaro and San Luis Potosí, Mexico.

In the state of San Luis Potosí, 63 specimens of *T. mexicana* were captured; all were negative to *T. cruzi* infection (Vidal et al 2000).

In a survey carried out in Guanajuato, we captured 165 specimens, the vector was found in six localities, and the locality with less altitude showed the highest infestation index, it is important to mention that its biological cycle occurs underneath the stonewalls. The natural infection index was of 3.0% (5/165); 14 were captured in the intradomicile and one was positive to *T. cruzi* infection; 151 were captured in the peridomicile and four were positive to *T. cruzi* infection Salazar et al 2007a).

In the state of Hidalgo, from the 27 captured specimens, one, (3.7%) was positive to *T. cruzi* (Vidal et al 2000). Velasco et al. 1992 report 1.5%

of seroprevalence.

***Triatoma rubida* (Uhler, 1894)**

This vector is reported in the states of Baja California, Baja California Sur, Chihuahua, Guerrero, Nayarit, Sinaloa, Sonora, and Veracruz (Figure 10). It is suggested that its presence in the latter state is due to having been transported by humans from the north. It is found at an altitude of 200 to 1.800 masl. The female measures 19.5-23.0 mm and the male 15.5-20.0 mm (Lent & Wygodzinsky 1979).



Figure 10. Geographic distribution of *Triatoma rubida* in the states of Baja California, Baja California Sur, Chihuahua, Guerrero, Nayarit, Sonora, Sinaloa and Veracruz, Mexico.

In Guaymas, Sonora state (north of the country), this species is reported with sylvatic habits (Palencia & Julia 1960). However, another author has found, in the same place nymphs in the 2nd to 5th instars inside human housings, reflecting its adaptation to the domicile Paredes et al (2001), fostered by the invasion of its environment with the risk of becoming intradomiciliary.

Three specimens of *T. rubida* have been reported negative to *T. cruzi* infection (Vidal et al 2000). Licón et al (2007) captured two vectors in Manuel Ojinaga County in Chihuahua, one was positive to *T. cruzi* infection. Seroprevalence was zero for Sonora and of 0.1% for Sinaloa (Velasco et al

1992). We believe that this vector is a potential risk due to its transition in becoming intradomiciliated.

### ***Dipetalogaster maxima* (Usinger, 1939)**

This species is located only in the state of Baja California Sur, from the city of La Paz to Los Cabos (Figure 11); this is the largest size vector of Chagas disease, adult females and males can measure 41-42 and 33-35 mm respectively (Lent & Wygodzinsky 1979). *Dipetalogaster maxima* has a wild life cycle, but it has been observed in the last years to be in a transition and adaptation process to the human housing. We have observed females in sylvatic conditions measuring up to 47 mm, besides this vector has a very large gastric space where it can store large amounts of blood to survive during prolonged fasting periods in semidesertic areas. It has a marked predilection to live amid stones, which has granted it the name of “chinche piedra” (stoned bug). It is collected at an altitude of 0 to 200 masl (Jiménez & Palacios 1999).



Figure 11. Map of Mexico showing the distribution of *Dipetalogaster maxima* in the state of Baja California Sur.

Cannibalism is observed in this species, eating up to four in a chain, from which it has been inferred that this mechanism could increase the natural infection for this vector. Besides this vector

depicts a very aggressive behavior, if a human is standing in front of a pile of stones, this triatomine, in its different developmental stages, leaves its hideout at bright daylight to feed. In recent years, some of the persons bitten by this vector have had to be hospitalized due to the allergic reaction that can even lead to anaphylactic shock (comments made by the population); this is probably due to the amount of allergens in their saliva. This triatomine, similarly to *T. rubida*, was considered strictly sylvatic, as they had been only found occasionally in rural dwellings of the Los Cabos regions in Baja California Sur (Lent & Wygodzinsky 1979). The highest density, as observed for other vector species, occurs during high temperatures. It has been described to be adapted to the domicile, where it dwells on floors and walls of the houses located on the slopes of the hills. It has also been reported that in the houses away from the hills (natural ecotope), only adults have been found (Mariden et al 1979). Natural infection has been reported to be of 5.0% (6/110X100) [86] and 7.0% (18/245X100) (Jiménez et al 2003). The seroprevalence of the region is 0.3% (Velasco et al 1992).

### ***Panstrongylus rufotuberculatus* (Champion, 1899)**

This species has been reported in the states of Campeche, Chiapas, and Veracruz (Salazar et al 1988) (Figure 12), between 50 and 630 masl. The female measures 25-28 mm and the male 24-27 mm (Lent & Wygodzinsky 1979).



Figure 12. Map of Mexico showing the presence of *Panstrongylus rufotuberculatus* in the states of Campeche, Chiapas, and Veracruz.

In the wild areas in the south of Veracruz, some adults have been collected in the biological station of the Tuxtla region, and in the state of Chiapas in Bonampak (Vidal et al 2000, Zárate & Zárate 1985) reports it associated to housing (one specimen), this specimen was negative to *T. cruzi* infection. Because it is mainly sylvatic, we believe that its risk in transmission must be very limited.

### ***Rhodnius prolixus* (Stål, 1859)**

This species has been reported in the states of Chiapas and Oaxaca (Figure 13) between 640 and 660 m altitude. The female measures 19.5-21.5 mm and the male 17.5-20.0 mm (Lent & Wygodzinsky 1979).

This vector was captured in Oaxaca and in the neighboring region with Guerrero (Zárate & Zárate 1985). Its intentioned search has only brought about two specimens in two localities and one was positive to *T. cruzi* (Ramsey et al 2000). It is believed that its scarce distribution is due to the frequent DDT sprayings in these malaria vector regions.

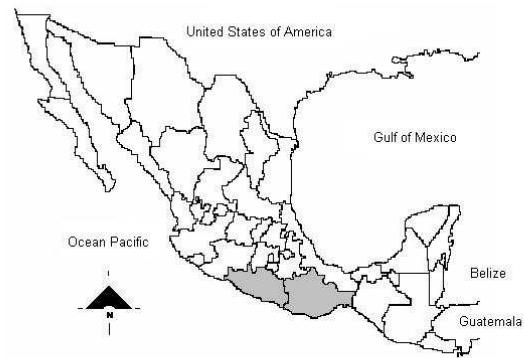


Figure 13. Distribution of *Rhodnius prolixus* in the states of Chiapas and Oaxaca, Mexico

## **Discussion**

In Mexico, the behavior of the vectors is markedly different among those having a domiciliated, peridomiciliated, or sylvatic life cycle. We propose the term of “visiting vectors” for those having a peridomiciliated cycle, since they colonize the peridomicile and only enter the domicile for feeding; adults or last stage nymphs are the ones collected intradomicile and rarely are first to third instars collected.

It is also noteworthy that there is a larger number of visiting vectors species than intradomiciliated ones, being the former harder to control, since insecticides are applied on interior and exterior walls of the houses, not covering the whole peridomicile area (limiting stone-walls, wood piles, storage rooms, pens, and other constructions).

Due to the behavior of the visiting vectors, specifically *M pallidipennis* in Morelos, it is clear that Chagas disease is not exclusively related to poverty, as in this zone most of the housings do not present the characteristics nor the risk materials commonly associated to triatomine



infestation.

On the other hand in our country these vectors are not constrained to tropical and subtropical areas but are also found at altitudes above 1.800 masl as is the case of *Triatoma barberi* which is considered as one of the most important vectors of the disease.

Among the peridomiciliated visiting vectors *M. longipennis* and *M. pallidipennis*, in that order, could be considered the most important ones. It can be said that while *T dimidiata* is the one of the highest risk in the central part of the country towards the Gulf of Mexico, *M. longipennis* poses the same risk but towards the Pacific.

It is worthwhile mentioning that *Dipetalogaster maxima* and *Triatoma rubida* are currently being caught inside human dwellings, indicating that they are in the process of adapting to the domicile, whereas the remainder species of visiting vectors have not done so, despite having practically the same conditions for it.

It is very important to point out that the Seroepidemiology of Chagas disease in the Mexican survey was performed with sera from blood banks located in urban areas and this introduces a bias to the results since the vectors and transmission occur in rural areas (Velasco et al 1992). The most reliable serology results are those obtained from serological assays performed in the corresponding rural areas. It is necessary to perform more studies in rural areas to gain a better insight of the actual situation; however, this review provides a panorama of the severe problem faced in Mexico regarding this disease.

We know that, at least in one locality of the rural area of all the states of Mexico, there are different

vectors able to induce transmission of the disease. From this review, it can be observed that the vectors with the highest infection index associated to high serology values are found in the center towards the south of the country. Hence, this whole area, particularly the rural one can be considered of high risk. The vectors found in this area are *T barberi* in the high plateau and *T dimidiata* preferably towards the Caribbean and the Gulf of Mexico (intradomiciliated species) and the visiting vectors of the *Meccus* genus towards the Pacific.

It is interesting to note that *M pallidipennis* is the only vector that can be found in broad day light and is not attracted by artificial light, as are all other vectors.

The fact that numerous vectors are involved in the transmission of Chagas disease gets even more complicated by the existence of hybrids of *M pallidipennis* with *M. longipennis* and of *M. picturatus* with *M pallidipennis* found in the west of the country (Martínez-Ibarra et al 2005). Recently, we found in the east a probable hybrid of *T dimidiata* and *T mexicana* with intradomiciliated habits, which is currently being subjected to molecular studies.

Control of the disease from a vectorial point of view must be based on education for health, the inhabitants particularly those of rural areas must be aware of the vector and the implications of its cohabiting inside the house recommending cleanliness as a pivotal point.

The use of insecticides for the intradomiciliated species, which has yielded successful results as observed in the study performed in Veracruz (Rojas et al 2004). For the visiting vectors, the use

of insecticides does not have the same effect, as there is little contact with them. Studies are being made on the action of paints combined with insecticides in the state of Mexico where *M pallidipennis* (visiting vector) is found and apparently the results are quite favorable (personal communications).

Regarding improvements of housing conditions, we believe that the use of limestone in the Peninsula of Yucatan has been instrumental in the vectors not becoming intradomiciliated, hence, the use of lime on the walls could be an action against *T dimidiata*, as well as a cemented floor (program in the state of Veracruz) and the use of limestone blocks for the walls in the areas where *T barberi* is found, as it has been observed in a town of the state of Queretaro, this triatomine does not establish on this type of construction. On the other hand, where visiting vector species are found it is proposed to cement the base of the stonewalls the use of mosquito nets on doors and windows to avoid entrance of vectors attracted by the artificial light and the use of bed nets impregnated with pyrethroid insecticides.

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